INCLUSIVE EXCELLENCE

Spend some time exploring and addressing your implicit or unconscious bias through this short evaluation.

Reach out to an inclusive RSO on your campus and consider joining them in the Spring. Some examples would be Out in Science, Tech, Engineering, and Math (OSTEM), National Society of Black Engineers (NSBE), Society of Hispanic and Professional Engineers (SHPE) / Latinos in STEM (LSTEM), or Society of Women Engineers (SWE).

Spread the word about contributions of diverse engineers online by telling their stories in places like Wikipedia, Twitter, TikTok, or Instagram.

COMMUNICATION

Challenge yourself to join a Toastmasters club to improve your public speaking in a supportive environment. (https://www.toastmasters.org/)

Pick up some quick but effective tips on communication through this TEDTalk

Sign up for an entrepreneurship competition or event to share your innovative ideas.

SERVICE & CIVIC RESPONSIBILITY

Do something helpful for someone you typically don’t think about helping. Be My Eyes

Spend time volunteering at a local nonprofit. Find opportunities to volunteer here

Look into joining an activity that works with youth to help educate individuals about the STEM field.

TEAMWORK

Seek out fun activities such as board games and/or video games that emphasize teamwork and cooperation. Board game examples: Pandemic, Hanabi, The Crew, Space Team. Video game examples: Keep Talking and Nobody Explodes, Among Us, Portal 2

Explore joining a competition team, or other student group, that engages in teamwork and group activities.

Explore your own personality type and explore others that may differ from your own.

PROFESSIONALISM & ETHICS

Listen to these ethics focused podcasts: “The Ethics Experts” or “Examining Ethics”

Evaluate your personal values by visiting this website or take this online personal values assessment

Watch “The Good Place” on Netflix and reflect on your own ethics.

READING RECOMMENDATIONS

Don’t Label Me: An Incredible Conversation for Divided Times
Irshad Manji

Why are all the black kids sitting together in the cafeteria? And other conversations about race
Dr. Beverly Daniel Tatum

Talking to Strangers: What We Should Know about the People We Don’t Know
Malcom Gladwell

How to Win Friends & Influence People
Dale Carnegie

No Hard Feelings: The Secret Power of Embracing Emotions at Work
Liz Fosslien & Mollie West Duffy

The Five Dysfunctions of a Team
Patrick Lencioni

The Ideal Team Player: How to Recognize and Cultivate The Three Essential Virtues
Patrick Lencioni

Dare to Lead
Brene Brown

The Tipping Point
Malcolm Gladwell

The 7 Habits of Highly Effective People
Stephen R. Covey

Frugal Innovation: How to Do More With Less
Jaideep Prabhu and Navi Radjou

Wine to Water: How One Man Saved Himself While Trying to Save the World
Doc Hendley

The Control of Nature
John McPhee

The Immortal Life of Henrietta Lacks
Rebecca Skloot

A Deadly Wandering: A Mystery, a Landmark Investigation, and the Astonishing Science of Attention in the Digital Age
Matt Richtel